



## BEST PRACTICES

- Always click start a new chart for a perio exam to start with Bola
- Make sure your cursor is clicked into the chart in the correct position to start/resume
- If Bola isn't syncing with your cursor, turn off the mic, click into the correct position, and turn the mic back on again
- Chart 3 teeth at a time (9 measurements)
- Avoid clicking through your perio chart or using your keyboard while voice charting
- Turn on midline chime in settings to hear when you have crossed the midline on the arch

## FUNDAMENTALS

- Say **"Hey Bola"** or **"Bola Start"** to turn on the mic for voice charting (see settings to enable this feature)
- Say **"Bola Stop"** to turn off the mic for voice charting (see settings to enable this feature)

## PD, GM, AND BLEEDING

- PD** Say **"2, 1, 2"** with your cursor on the pocket depth row
- PD** When away from the PD row, say **"Start PD"** to resume pocket depths
- GM** To begin or resume gingival margin measurements, say **"Start GM"**
- GM** Say **"1, 1, 1"** with your cursor on the gingival margin row to chart GMs
- GM** Say **"Gingival margin with 2 on tooth number 2"** to mark GM on the buccal of a tooth
- BOP** Say **"Bleeding"** to mark bleeding on the buccal of the current tooth
- BOP** Say **"Bleeding on tooth number 5"** to spot chart the buccal of a specific tooth
- BOP** Say **"Bleeding all on tooth number 5"** to spot chart all positions on a specific tooth
- BOP** Say **"Bleeding mesial and distal"** to mark specific positions on the current tooth

## NAVIGATION

- Say **"Jump to tooth number two"** to move to a new tooth (first position)
- Say **"Undo"** to undo your last action
- Say **"Next"** or **"Skip"** to move forward to the next tooth
- Say **"Back"** to move back to the previous tooth

## ADDITIONAL RESOURCES

[Advanced Commands \(Level 2\)](#)